

# PSED: Medium-Term Plans



	Self Regulation	Managing Self	Building Relationships
Nursery 2	<p><b>It's Good To Be Me</b> Use mirrors to explore different emotions</p> <p><b>Winter</b> Use winter-themed feely bag and take turns to describe what is inside.</p> <p><b>Buildings and Homes 1</b> Explore feelings through story – happy/sad.</p> <p><b>Water 2</b> Reenact <i>Mr Gumpy</i> story and explore feeling words.</p>	<p><b>It's Good To Be Me</b> Opportunities for dramatic play.</p> <p><b>Colours</b> Play turn taking activities.</p> <p><b>Dinosaurs 2</b> Pass dinosaur egg around circle with care.  When do we have to be gentle?</p> <p><b>Water 1</b> Activities which promote independence</p> <p><b>What's Outside 1</b> Children take responsibility for their own plant.</p>	<p><b>It's Good To Be Me</b> Creating a class picture as a group.</p> <p><b>Colours</b> Discuss preferences and favourites.</p> <p><b>Buildings and Homes 1</b> Pretend play to act out story with other children.</p> <p><b>Buildings and Homes 2</b> Discuss theme of playing together through stories.</p> <p><b>Dinosaurs 1</b> Pretend play in dinosaur area.</p> <p><b>Water 2</b> Create a class boat.</p> <p><b>What's Outside 2</b> Read <i>'Monkey Puzzle'</i> and discuss unique characteristics of each animal.</p>
Nursery 3-4 (Cycle A)	<p><b>'It's Getting Cold Outside</b> <i>'The Cloudspotter,'</i> by Tom McLaughlin (Feelings of others). Rules for shape walk.</p> <p><b>Polar Express</b> <i>'Lost and Found'</i> by Oliver Jeffers and discuss how the characters feel throughout the story.</p> <p><b>Once Upon a Time 1</b> Explore feelings through stories – frightened, sad, frustrated.</p> <p><b>All Creatures Great and Small 1</b> Transition activities.</p>	<p><b>Polar Express</b> Circle time game. Performance for parents. Winter clothing activity.</p> <p><b>On the Move</b> Talk to a small group about their special person.</p> <p><b>On the Farm</b> Look after chicks and care for environment. 5 a day – fruit and vegetables.</p> <p><b>All Creatures Great and Small 1</b> Transition activities.</p>	<p><b>Marvelous Me</b> <i>I Don't Want to be Small</i> by Laura Ellen Anderson, <i>A Splendid Friend Indeed</i> by Suzanne Bloom. <i>Hello Friend</i> by Rebecca Cobb.</p> <p><b>'It's Getting Cold Outside</b> Special friend picture. Build shelter in pairs.</p> <p><b>On the Move</b> Build vehicles from large construction materials. Negotiate roles to pretend play journeys.</p> <p><b>Once Upon a Time 1</b> <i>Caring for Grandma.</i></p> <p><b>All Creatures Great and Small 1</b> Conflict resolution.</p>



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	Self Regulation	Managing Self	Building Relationships
Nursery 3-4 (Cycle B)	<p><b>Bears</b> - 'Where's My Teddy?' by Jez Alborough – identify how the characters are feeling in the story. Talk about own bear.</p> <p>'We're Going on a Bear Hunt' by Michael Rosen – creating feelings bubbles.</p> <p><b>Special Days</b> - 'Santa Post' by Emma Yarlett. How did Amy feel about her present? Relate to own experiences.</p> <p>What makes children surprised, excited, miserable?</p> <p><b>Toys</b> - <i>Harry and the Dinosaurs</i> and the <i>Bucketful of Stories</i> by Ian Whybrow. Explore feelings of loss.</p> <p><b>Once Upon a Time 2</b> - Explore feelings through stories – frightened, sad, frustrated.</p> <p><b>All Creatures Great and Small 2</b> - Transition activities.</p>	<p><b>Look at me!</b> - <i>All About Me</i> book.</p> <p><b>Bears</b> - Rules for large equipment.</p> <p><b>Special Days</b> - Performance for parents. Talk about ways to keep warm in winter. (<i>clothes/eating/moving around/warm drinks</i>). Discuss <i>Mama, Do You Love Me?</i> by Barbara Jooisse. How did the Inuit family keep warm?</p> <p><b>Toys</b> - Talk about favourite toys.</p> <p><b>Food Glorious Food</b> - '<i>The Little Red Hen</i>' and discuss helping others. Look after chicks and flowers/vegetables they have planted. Make a salad/healthy picnic baskets.</p> <p><b>All Creatures Great and Small 2</b> - Transition activities.</p>	<p><b>Look at me!</b> - Learning friends' names games. Play with 1 other child in construction or small world.</p> <p><b>Bears</b> - Work in pairs to make caves and dens for the bears.</p> <p><b>Toys</b> - Build flying machines from large construction materials. Negotiate roles to pretend play journeys.</p> <p><b>All Creatures Great and Small 2</b> - Conflict resolution.</p>
Reception	<p><b>My Heroes</b> - Explore emotions through the book, '<i>The Colour Monster</i>' by Anna Llenas. '<i>Tough Guys Have Feeling too</i>' by Keith Negley. Identify possible feelings that our superheroes in our stories may have felt. When do they feel sad, scared, happy, excited?</p> <p><b>Where We Live</b> - Listen to '<i>Ravi's Roar</i>' by Tom Percival. Discuss the emotions they feel and how to manage those emotions.</p> <p><b>Science Detectives</b> - Set a simple goals for Y1.</p> <p>'<i>Ruby's Worry</i>' by Tom Percival. Make links to their own experiences.</p>	<p><b>Me and My World</b> - '<i>Marvellous Me: Inside and Out.</i>' by Lisa Bullard. Describe self in positive terms. Engage in the sharing of books and discussion about healthy lifestyles.</p> <p><b>Castles, Knights and Dragons</b> - Listen to stories that include brave and not so brave knights. Talk about what it means to be brave.</p> <p><b>Spring in Our Step</b> - Listen to the story, '<i>The Empty Pot</i>' by Demi. Share when they have tried their best? Do you always succeed?</p> <p><b>Where We Live</b> - '<i>The Selfish Crocodile</i>' by Faustin Charles. Talk about what changes the crocodile's behaviour. Discuss the need for rules.</p>	<p><b>A Standing Ovation</b> - '<i>Eight Candles to Light (A Chanukah story)</i>' – Jonny Zucker. Play the dreidel game, taking turns to play. Circle time discussion about celebrations.</p> <p><b>Castles, Knights and Dragons</b> - '<i>The Dragon and the Nibblesome Knight</i>' by Ella Woolard and Benji Davis. Circle time to talk about their special friend. What do they like to do together? Paired construction tasks.</p>
Y1	Schools' PHSE and Relationships Education, Relationships and Sex Education (RSE) and Health Education scheme of work.		



# Physical Development: Medium-Term Plans



## Gross Motor

	Wheeled Toys	Ball Skills	Movement/Gymnastics	Balancing and Climbing	Wider Skills
N2	<b>What's Outside</b> Navigating corners and uneven ground using tricycles and/or scooters.	<b>Dinosaurs 2</b> – Dinosaur obstacle course, throw ball.	<b>It's Good To Be Me</b> - Sing action rhymes and songs <b>Colours</b> – Explore movement with coloured scarves <b>What's Outside</b> – Animal action songs.	<b>It's Good To Be Me</b> Create woodland den with spaces/containers. <b>Buildings and Homes 1</b> Obstacle course based on The Three Bears.	<b>Buildings and Homes 1</b> Building site role play using large construction <b>Water 1</b> Lifting and carrying buckets of water.
N3-4 (Cycle A)	<b>On the Move</b> Roadways, traffic lights game. <b>On the Farm</b> Role-play with tractors.	<b>All Creatures Great and Small 1</b> Preparation and taking part in Sport's Day.	<b>Marvelous Me</b> - 'Follow my Leader', 'Simon Says.' 'Musical Statues' <b>It's Getting Cold Outside</b> - Squirrel nut hunt. <b>Polar Express</b> - Snowman movement. <b>On the Move</b> - Traffic lights game. <b>On the Farm</b> - Explore movements in texts. <b>All Creatures Great and Small 1</b> - 'We're Going on a Lion Hunt.'	<b>Once Upon a Time 1</b> Obstacle course to Grandma's house.	<b>Marvelous Me</b> 'Follow my Leader', 'Simon Says.' <b>It's Getting Cold Outside</b> Safely move equipment for den building. Choose materials for the den. <b>Once Upon a Time 1</b> Set up obstacle course.
N3-4 (Cycle B)	<b>Toys</b> Games on wheeled toys. <b>Food Glorious Food</b> Use wheeled toys are farm vehicles.	<b>All Creatures Great and Small 2</b> Preparation and taking part in Sport's Day.	<b>Look at me!</b> - Play 'Body Match', 'Follow my Leader' and 'Musical Statues.' <b>Bears</b> - 'We're Going on a Bear Hunt' movement. Obstacle course. <b>Special Days</b> - Snowman movement. <b>Toys</b> - Traffic lights game. <b>All Creatures Great and Small 2</b> - "Walking Through the Jungle.'	<b>Once Upon a Time 2</b> Hansel and Gretel obstacle course.	<b>Look at me!</b> Play 'Body Match' game in pairs. <b>Bears</b> Safely move equipment for obstacle course and den building. <b>Once Upon a Time 2</b> Hansel and Gretel obstacle course.
Reception		<b>Where We Live</b> Play group games that involve rolling, pushing and kicking balls. <b>Science Detectives</b> Play games in pairs and small groups that involve throwing and catching balls, aiming at targets, and using bats.	<b>Me and My World</b> - <i>The Busy Body Book: A Kid's Guide to Fitness by Lizzie Rockwell</i> <b>My Heroes</b> - Superhero movement. <b>A Standing Ovation</b> - Firework movement. <b>Spring in Our Step</b> - Beans game.	<b>Castles, Knights and Dragons</b> Use apparatus in different ways.	<b>Me and My World</b> Expectations are shared and agreed. Follow instructions as new routines are introduced. <b>Castles, Knights and Dragons</b> Build castles with large construction.
Y1	<b>NC Year 1</b> - Pupils should be taught to: Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Participate in team games, developing simple tactics for attacking and defending. Perform dances using simple movement patterns.				

# Physical Development: Medium-Term Plans



## Fine Motor

	Using Mark Making Tools	Manipulating other Tools and Materials	Dressing
N2	<p><b>Colours</b> – Spray liquid colours on canvases.</p> <p><b>Winter</b> – Winter themed craft activities</p> <p><b>Dinosaurs 1</b> – Add enhancements to playdough area</p> <p><b>Dinosaurs 2</b> – Dinosaur egg making, paint with paintbrushes.</p> <p><b>What's Outside</b> – Moving pen attached to safari car.</p>	<p><b>It's Good To Be Me</b> - Use finger puppets to explore characters</p> <p><b>Colours</b> – Rainbow spaghetti tuff spot</p> <p><b>Buildings and Homes 1</b> – Using bricklaying tools in play 'cement'</p> <p><b>Buildings and Homes 2</b> – Cleaning muddy toy. Creating an iced biscuit.</p> <p><b>Water 1</b> – Pouring water</p> <p><b>Water 2</b> – Activities with water beads.</p> <p><b>What's Outside</b> – Planting and watering seeds/plants.</p>	<p><b>Winter</b> – Dressing teddy for seasons.</p>
N3-4 (Cycle A)	<p><b>On the Move</b> – Making tracks.</p> <p>See writing opportunities in Literacy planning.</p>	<p><b>Marvelous Me</b> - Collage faces</p> <p><b>On the Farm</b> - Using cutlery to prepare and eat meals with fruit and vegetables.</p> <p><b>Once Upon a Time 1</b> - Playdough gingerbread men.</p>	<p><b>Polar Express</b> – Dressing in winter clothes</p>
N3-4 (Cycle B)	<p><b>Toys</b> – Making tracks with toy vehicles.</p> <p>See writing opportunities in Literacy planning.</p>	<p><b>Look at Me!</b> - Playdough faces.</p> <p><b>Food Glorious Food</b> - Preparing and eating fruit salad.</p> <p><b>Once Upon a Time 2</b> - Playdough gingerbread house.</p>	<p><b>Special Days</b> – Dressing in winter clothes</p>
Reception	<p>See writing opportunities in Literacy planning.</p>	<p><b>My Heroes</b> - Chop vegetables for vegetable soup. Hammer nails into vegetables.</p> <p><b>A Standing Ovation</b> - Make Diwa lamps. Make decorations.</p> <p><b>Castles, Knights and Dragons</b> - Playdough dragons. Moving dragon eggs with tweezers. Decorate crowns.</p> <p><b>Spring in our step</b> - Moving beans.</p> <p><b>Where We Live</b> - Ping pong football.</p>	
Y1	<p><b>NC Year 1 Handwriting.</b> Pupils should be taught to sit correctly at a table; hold a pencil comfortably and correctly; begin to form lower-case letters in the correct direction, starting and finishing in the right place; form capital letters; form digits 0-9; understand which letters belong to which handwriting 'families' (i.e. letters that are formed in similar ways) and to practise these.</p>		



# Art & Design: Medium-Term Plans



	Drawing and Painting	Media and Materials
N2	<p><b>Colours</b> - Sensory paint play. Mark making using rainbow paper.</p> <p><b>Winter</b> - Painting with sticks/leaves linked to Stickman.</p> <p><b>Buildings and Homes 2</b> - Driving vehicles through paint/mud creating different tracks.</p>	<p><b>It's Good To Be Me</b> - Sponge/finger painting – Owl Babies.</p> <p><b>Colours</b> - Printing using fruit halves.</p> <p><b>Winter</b> - Printing with natural materials, experimenting with colours.</p> <p><b>Buildings and Homes 2</b> - Working together to create the Three Little Pigs houses (brick, stick and straw).</p> <p><b>Water 1</b> – Creating Mr Gumpy's boat using junk modelling.</p> <p><b>What's Outside</b> – Transient art using natural materials/leaf rubbings.</p>
N3-4 (Cycle A)	<p><b>Marvellous Me</b> - Self portraits.</p> <p><b>Once Upon a Time 1</b> - Pig themed drawings using continuous vertical and horizontal lines, and anti-clockwise circles to enclose space. Draw pictures of the Gingerbread Man using drawing to represent blowing or running.</p> <p><b>All Creatures Great and Small 1</b> - Creating Tinga Tinga paintings and drawings of African animals.</p>	<p><b>It's Getting Cold Outside</b> - Create textured animal pictures, selecting their own materials. Add bedding and shelters for the hibernating animals.</p> <p><b>Polar Express</b> - Make a snow and ice collages.</p> <p><b>Once Upon a Time 1</b> - Create textured house for the pigs.</p>
N3-4 (Cycle B)	<p><b>Look at Me</b> - Self portraits.</p> <p><b>Special Days</b> - Colour mixing.</p> <p><b>Food Glorious Food</b> - Mix the colours and shades they need to paint/print vegetables.</p> <p><b>Once Upon a Time 2</b> – Bear-themed pictures creating closed shapes. Use drawing to represent running, falling and splashing.</p> <p><b>All Creatures Great and Small 2</b> - Jungle animal pictures.</p>	<p><b>Look at Me (Autumn)</b> - Make a photo frame.</p> <p><b>Bears</b> - Create textured bear pictures.</p> <p><b>Special Days</b> - Make Christmas decorations, cards and wrapping paper.</p> <p><b>Food Glorious Food</b> - Make pictures using food.</p> <p><b>Once Upon a Time 2</b> - Make a textured scarecrow troll.</p>
Reception	<p><b>Me and My World</b> - Detailed self-portrait using a choice of materials.</p> <p><b>Castles, Knights and Dragons</b> - Textured dragon pictures.</p> <p><b>Spring in Our Step</b> - <i>The Extraordinary Gardner</i> pictures. Colour mixing butterfly pictures. Observational drawings.</p>	<p><b>My Heroes</b> Create their own superhero vegetable using printing and collage materials.</p> <p><b>Spring in Our Step</b> - <i>The Extraordinary Gardner</i> pictures.</p> <p><b>Science Detectives</b> - Skeleton collage. Fingerprint pictures based on <i>Tree</i> by Patricia Hegarty</p>
Year 1	See information in <a href="#">United Learning Art &amp; Design Curriculum</a> .	



# Religion & Worldviews: Medium-Term Plans



N2	<p><b>It's Good To Be Me</b> Explore small world families and link to core text 'Owl Babies' and own families.</p> <p><b>Dinosaurs 1</b> Talk about photographs from their weekend with their families.</p>
N3-4 (Cycle A)	<p><b>Marvelous Me</b> Find out about different kinds of families.</p> <p><b>Polar Express</b> Talk about places in the world that have snow and ice all year. Look at books about the Inuit people.</p> <p><b>All Creatures Great and Small 1</b> African village/ safari</p>
N3-4 (Cycle B)	<p><b>Look at Me!</b> Find out about different kinds of families. Special Days Guru Nanak's birthday. Special celebrations.</p> <p><b>All Creatures Great and Small 2</b> African jungle</p>
Reception	<p><b>A Standing Ovation</b> Diwali/ Hannukah/Eid/ Christmas Castles, Knights and Dragons Chinese New Year</p> <p><b>Where We Live</b> Homes around the World</p> <p><b>Science Detectivities</b> Handa's Surprise</p>
Year 1	<p>See information in <a href="#">United Learning Religion &amp; Worldviews Curriculum</a>.</p>



# Music: Medium-Term Plans

N2	<p><b>It's Good to Be Me</b> Sing nursery rhymes and songs.</p> <p><b>Winter</b> Sing and encourage actions to favourite nursery rhymes and songs.</p> <p><b>Dinosaur Roar 2</b> Creating sensory experiences through sound to recreate noises a dinosaur might make. Experiment with different ways of moving like dinosaurs.</p> <p><b>What's Outside 2</b> Perform 'Walking in the Jungle' to an audience. Watch videos of animals moving and recreate.</p>
N3-4 (Cycle A)	<p><b>Polar Express</b> Perform simple songs as part of a short performance.</p> <p><b>On the Move</b> Use percussion instruments to make the rhythm of the train as it travels.. Make up their own verses to <i>The Wheels on the Bus</i>.</p> <p><b>All Creatures Great and Small 1</b> Respond to and talk about African music.</p>
N3-4 (Cycle B)	<p><b>Special Days</b> Perform simple songs as part of a short performance for parents.</p> <p><b>Toys</b> Explore different ways of moving. Use percussion instruments to match the rhythm. Make up verses to known songs and rhymes.</p> <p><b>All Creatures Great and Small 2</b> Respond to music with dance, movement and playing instruments.</p>
Reception	<p><b>A Standing Ovation</b> Match firework movements to classical music. Rama and Sita song. Christmas performance.</p> <p><b>Castles, Knights and Dragons</b> Sing and perform nursery rhymes.</p> <p><b>Science Detectives</b> Listen to a range of African music; traditional drumming, highlife and reggae. Watch performances of African dance. Create sequences of movement.</p> <p><b>Where We Live</b> Listen to and learn simple songs from different countries</p>

